



# DOCTOR'S<sup>®</sup> CHOICE

P: 1-866-226-1722 • F: 1-866-226-1822 • [info@doctorschoice.ca](mailto:info@doctorschoice.ca) • [www.doctorschoice.ca](http://www.doctorschoice.ca)

## #59 LITHIUM CITRATE

Lithium is both an element and a mineral locked within salts. First discovered in 1790, the color is white to gray and when thrown into fire it flares bright crimson.

No one knows exactly how lithium works to stabilize mood. Studies show multiple effects on the nervous system. In 2008, researchers reported in the journal [Cell](#) that lithium interrupts the activity of a receptor for the neurotransmitter dopamine.

**Recommended route of administration:** Sublingual

**Ingredients:** Lithium (lithium citrate) .....6x  
USP pharmaceutical grade

**Non medicinal ingredients:** Ethanol (grain distilled), water (purified)

**Recommended use or purpose:** Homeopathic remedy for improved health.

**Recommended dosage** Adults: Take 10 drops under tongue three times per day, or as directed by your health care provider.

**Caution/ Risk Information:** Consult a health care practitioner if symptoms persist or worsen, or before use if you are pregnant or breastfeeding. Keep out of the reach of children, do not use if security seal is broken. Contains no wheat, corn, yeast, soy or dairy, sugar, or peanuts. NON-GMO



**Disclaimers:** The statements regarding our products are solely for use by healthcare practitioners. The product information provided on this page is based on scientific evidence about each ingredient, and has not been evaluated by Health Canada. The information provided is not intended to replace medical advice offered by a healthcare practitioners, nor should this information be used to treat any health problems without first consulting a healthcare practitioner.