



## ARCTIC-D™ COD LIVER OIL

In addition to all the omega-3 benefits of our Arctic Cod Liver Oil™, each serving of this lemon-flavored liquid also provides 1000 I.U. of vitamin D3, meeting the daily recommendation for children and adults who do not receive adequate sun exposure. Long known for its key role in building strong bones, vitamin D3 is linked to other roles in optimizing health—including the regulation of the immune system, mood, and circadian rhythms.\* The scientific community increasingly recognizes vitamin D3 deficiency as an epidemic, and in 2008 the American Academy of Pediatrics doubled its daily recommendation for vitamin D. D3 (or cholecalciferol) is the natural form of vitamin D produced by the body, and is better absorbed and utilized than other forms.

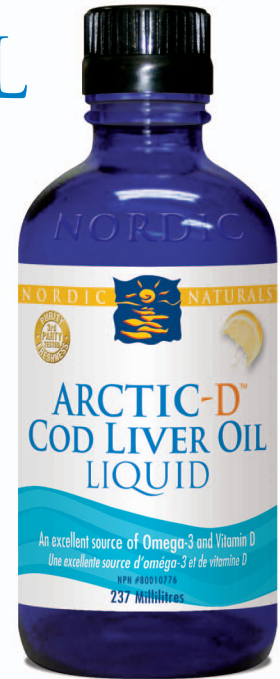
### ARCTIC-D COD LIVER OIL

- More DHA than any CLO product on the market, plus vitamin D3
- Our Gold Standard ensures exceptional freshness and no fishy taste—improving compliance and thus results
- 100% natural lemon essence provides a light, clean flavor

As with all Nordic Naturals products, Arctic-D Cod Liver Oil is in the natural triglyceride form for optimal absorption. Our patented “nitrogen processing” ensures that Arctic-D Cod Liver Oil is absolutely pure and fresh. Fresh fish oils are better for the body, and do not create negative side effects such as repeat or burp-back.

Pure and fresh fish oil supplements have a high safety profile and few, if any, side effects. Physicians should be advised of individuals taking more than three grams of combined EPA+DHA daily, or if they are taking certain medications.

Every batch of Nordic Naturals fish oils is third-party tested for environmental toxins, including heavy metals, dioxins, and PCBs. All Nordic Naturals fish oils surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.



Medicinal Ingredients:	1 teaspoon contains:
Cod Liver Oil (from arctic cod) .....	5000 mg
Docosahexaenoic Acid (DHA) .....	625 mg
Eicosapentaenoic Acid (EPA) .....	410 mg
Other Omega-3 Fatty Acids .....	225 mg
Vitamin A .....	195–885 mcg RAE
Vitamin D (cholecalciferol/vitamin D3) .....	25 mcg

**Non-Medicinal Ingredients:** vitamin E, natural lemon flavour, rosemary extract.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Distributed by



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