

A High-Concentrate DHA Formula for Brain and Eye Health



DHA

available in:
strawberry 90 & 180 count

DHA is an important fat that supports brain and eye health by keeping cells fluid and flexible. In fact, 20% of the brain is comprised of this key fatty acid. Nordic Naturals DHA is a highly concentrated formula that delivers all the DHA needed for the health of both body and mind.

Research suggests that DHA helps to support enhanced memory and cognitive function, especially as people age. Numerous clinical studies indicate that DHA plays a key part in keeping the brain healthy and functioning well through every stage of life.

DHA is also an important part of healthy vision. Research shows that DHA helps to protect the cells of the eyes against the damaging effects of sunlight and aging.

Why DHA?:

- Highly concentrated formula for noticeable results
- Research-proven benefits for the eyes, brain, and mind
- Comes in a compact soft gel that's easy to swallow, improving compliance and results!

Quality Counts

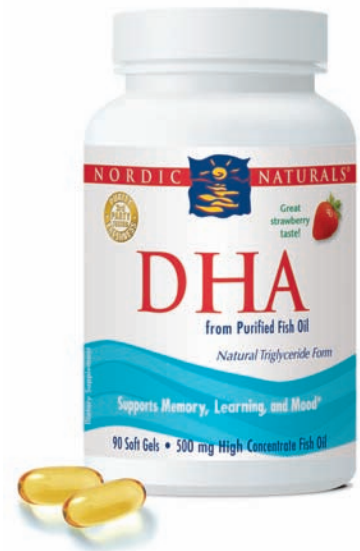
As with all Nordic Naturals products, DHA is in the natural triglyceride form for optimal absorption. Our patented "nitrogen processing" ensures that DHA is absolutely pure and fresh. Fresh fish oils are better for the body, and do not create negative side effects such as repeat or burp-back.

Pure and fresh fish oil supplements have a high safety profile and few, if any, side effects. Physicians should be advised of individuals taking more than three grams of combined EPA + DHA daily, or if they are taking certain medications.

*Nordic Naturals fish oils surpass all national and international pharmaceutical standards for freshness. Every batch of Nordic Naturals fish oils is 3rd party tested to guarantee exceptional freshness and purity levels, and is free** from heavy metals and environmental toxins.*

*** no detected heavy metals at 10 ppb, dioxins/PCBs at 0.5 ppt*

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Supplement Facts

Amount Per Serving	Servings per container: 45	
		% Daily Value*
Calories	9	
Calories from fat	9	
Total Fat	1.0 g	2%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Vitamin E (d-alpha tocopherol)	15 I.U.	50%
Omega-3s	Weight ‡	Volume %
EPA (Eicosapentaenoic Acid)	90 mg	10%
DHA (Docosahexaenoic Acid)	450 mg	50%
Other Omega-3s	40 mg	5%
Total Omega-3s	580 mg	65%
Oleic Acid (Omega-9)	24 mg	3%

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established. ‡ Natural Triglycerides
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, water, glycerin, strawberry essence), strawberry essence, d-alpha tocopherol, rosemary extract.

No gluten, yeast, milk derivatives, or artificial colors or flavors.
Contains vitamin E derived from refined soybean oil.

NORDIC NATURALS 
Pure and Great Tasting Omega Oils