

Nordic Naturals is committed to delivering the world's safest, most effective nutrients essential to health in products that are second to none. In 1995, we gave customers their first taste of our signature fish oils.

We manage every step of fish oil production, using hexane-free, oxygen-free, and reduced-heat processing to yield industry-leading purity and freshness. Our fish oil products are more powerful naturally, with over 90% triglyceride form omega-3s to ensure optimal absorption—up to 70% more than ethyl ester products.

Exceptional purity and freshness were keys to their effectiveness. Today they remain benchmarks of the product quality we are known for, spanning a portfolio that now includes omega-3 fish oils, vitamins, and essential fatty acid blends.

Our earliest advocates were practitioners like you, who recognized the innovation and integrity needed to create fish oils with real results. Our professional-grade products continue to reflect our belief that even the smallest details matter. Everything we offer is non-GMO, sustainably made, and third-party tested for quality. Each ingredient we choose demonstrates clear health benefits, backed by solid scientific evidence. All our products are formulated to encourage patient compliance and deliver reliable health advantages.

Why Choose Nordic Naturals



Health
We're committed to delivering the world's safest, most effective nutrients for optimal health.



Sustainability
All of our fish oils come from 100% wild-caught, sustainably sourced fish rich in omega-3s.



Freshness
All of our fish oils are processed in an oxygen-free environment to prevent rancidity. This ensures a great taste with no fishy burps or odor.



Quality
All of our fish oils are provided in the natural and most effectively absorbed triglyceride (TG) form.



Purity
All of our products are third-party tested to ensure their purity and freshness. Certificates of Analysis are available for any of our products.



Research
Our products are supported and backed by more original research (50+) than any other brand.



For 25 years and counting we have worked hard to offer better supplements to health care professionals and their patients. We are proud to partner with you to continue this mission.

Commitment to a Healthy Planet



100% Biofuel
Our processing plant in Arctic Norway is powered 100% by biofuel using leftover fats from our fish oil processing.



Protect the Sea
We only source non-endangered, wild-caught species. We also only work with fisheries that are certified sustainable by Friend of the Sea.



Non-GMO
We have always been committed to using only non-GMO ingredients in our products.



Reduce Waste
All of our product containers and packaging materials are recyclable. We also use recyclable packaging whenever possible in the shipping of our products.



Sustainable
Our headquarters in Watsonville, California was awarded the LEED Gold Certification for our whole-building approach to sustainability.



Cause Partners
We support organizations that do good and are focused on improving the health of people and our planet.

Authorized Distributor



ProOmega[®] Product Guide

From the leader in omega-3s

Foundational Health Starts with Omega-3s

An Absence of Dietary Omega-3s

To achieve optimal health, every person needs omega 3s. Since the human body does not effectively synthesize these beneficial long-chain fats, dietary sources like cold water fish are an ideal way to obtain sufficient amounts. Unfortunately, the typical Canadian diet is lacking in fish, leading to inadequate intake of the most important omega 3s, EPA and DHA. This deficiency contributes to poor aspects of health across the population, impacting cardiovascular, cognitive, immune, and nervous system health, and childhood development. Nordic Naturals is proud to partner with practitioners like you to provide patients with the highest-quality omega-3s for comprehensive wellness and resilience.

Our Omega Family

Nordic Naturals is dedicated to meeting the full spectrum of your patients' omega-3 needs. Our products come in soft gel delivery forms, with dosages and potencies tailored to the different needs of adults and children. You can choose fish oil concentrates or non-concentrates, with added omega-6 GLA, featuring specific EPA/DHA ratios, and in different capsule sizes to support compliance. Each product provides potent and efficiently utilized EPA and DHA in the highly absorbable triglyceride molecular form. These omega-3 fats are critical for the development and maintenance of cells throughout the body, and are vital to nearly all cell activity, including receiving and processing information and responding appropriately. Through cellular support, supplemental omega-3s help build a foundation for multi-system health in patients.



ProOmega™ 650 EPA / 450 DHA

Lemon
60 Soft Gels
30 Servings Per Container
SKU 72120

Our most popular concentrate, ProOmega provides double strength EPA+DHA for more omega-3 benefits in fewer servings. It offers high-intensity support for both body and mind. Without solicitation, doctors and researchers worldwide consistently choose and recommend this powerful formula.

- Double-strength omega-3s EPA+DHA for increased benefits in fewer servings
- Helps support cardiovascular health, cognitive health, and brain function
- Helps reduce serum triglycerides



ProOmega® 2000 1125 EPA / 875 DHA

Lemon
60 Soft Gels
30 Servings Per Container
SKU 73132

With nearly double the omega-3s as our best-selling ProOmega®, ProOmega 2000 is a unique fish oil product that features ultra concentrated omega-3 EPA+DHA in the highly absorbable, triglyceride molecular form. In a slightly larger soft gel, this potent concentrate offers even more omegas in fewer soft gels to deliver substantial support for cardiovascular and cognitive health. Like all Nordic Naturals omega products, ProOmega 2000 is manufactured using our proprietary, oxygen-free process to maintain exceptional freshness and great taste.

- Concentrated omega-3 support for cognitive health and brain function
- Helps to reduce serum triglyceride/triacylglycerols and maintain cardiovascular health
- Convenient source of omega-3 fatty acids for daily maintenance
- Triglyceride-form omega-3s for better absorption



ProEPA™ 850 EPA / 200 DHA

Lemon
60 Soft Gels
30 Servings Per Container
SKU 77060

ProEPA is a source of omega-3 essential fatty acids. This formula contains the concentrated omega-3 essential fatty acid EPA, which supports cognitive health and brain function, and promotes healthy mood balance.

- Delicious natural lemon flavour
- 850 mg omega-3 EPA per serving, for targeted omega-3 support
- Supports cognitive health and brain function



ProEPA with Concentrated GLA 850 EPA / 220 DHA + 275 GLA

Lemon
60 Soft Gels
30 Servings Per Container
SKU 77062

ProEPA with Concentrated GLA delivers a comprehensive, EPA dominant blend of highly concentrated omega fatty acids to help maintain good health and support brain function. Like all Nordic Naturals omega products, ProEPA with Concentrated GLA is manufactured using our proprietary, oxygen-free process to maintain exceptional freshness and taste.

- Includes 70% concentrated GLA from borage seed
- Delicious natural lemon flavour
- Synergistic blend enhances targeted support
- Helps support cognitive health and brain function
- Triglyceride-form omega-3s for better absorption



ProDHA™ 205 EPA / 480 DHA

Lemon
90 Soft Gels
60 servings per container
SKU 70090

The omega-3s EPA and DHA naturally occur together in fish oil. However, each fatty acid has unique benefits. With DHA comprising a substantial portion of the brain—nearly 20% of the fatty acids in the cerebral cortex—high-potency ProDHA provides concentrated support for cognitive health and brain function, and promotes healthy mood balance.

- Delicious natural strawberry flavour
- Provides a concentrated source of DHA
- Smaller, easy-to-swallow 500 mg soft gels
- Supports cognitive health and brain function



ProEFA™ 270 EPA / 180 DHA + 70 GLA

Lemon
90 Soft Gels
30 Servings Per Container
SKU 73091

ProEFA is a non-concentrated formula that blends omega-3s EPA and DHA from cold-water fish with the beneficial omega-6 GLA from borage oil. This daily health-maintenance formula delivers foundational omega-3 fatty acids to help support cardiovascular health as well as brain function and cognitive health. Like all Nordic Naturals omega products, ProEFA is manufactured using our proprietary, oxygen-free process to maintain exceptional freshness and taste.

- Omega blend with omega-3s EPA and DHA, and omega-6 GLA
- Helps support cardiovascular health
- Promotes brain function and cognitive health
- Convenient daily omega blend for the maintenance of good health
- Triglyceride-form omega-3s for better absorption



DHA Junior™ 80 EPA / 120 DHA

Strawberry
180 Soft Gels
45 servings per container
SKU 73180

Made exclusively from 100% wild Arctic Cod (Skrei), strawberry flavoured DHA Junior is rich in the omega-3 DHA, which supports cognitive health and brain function, and promotes healthy mood balance. Easily swallowed or chewed by children three years and older, DHA Junior also contains healthy levels of 100% natural vitamins A and D.

- Delicious natural strawberry flavour
- Contains healthy levels of 100% natural vitamins A and D
- A source of omega-3 fatty acids
- Helps to support cognitive health and brain function

ALL PRODUCTS:

Store in a cool, dry place, away from sunlight

Do not take if tamper-evident seal is broken or missing

Product protected by U.S. patent #s 6346231 & 6641837

Keep out of the reach of children