

# YOUR SECOND WIND.



## Enhance your endurance and relieve the feeling of tiredness with GenBioChem® Qi.

- Qi serves as an adaptogen and reinforces the body's Qi
- Enhance physical capacity/performance (in cases of physical stress)
- Improve mental performance after periods of mental exertion
- Relieve general debility and/or to aid during convalescence

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## PBG BIOPHARMA

GenBioChem® Qi is developed and manufactured by PBG BioPharma Inc. PBG BioPharma is a vertically integrated biopharmaceutical Canadian company based in Alberta and Ontario. We are committed to becoming a world leader in the development and manufacturing of evidence-based natural health products using our proprietary GenBioChem® Triple Fingerprinting Technology™.

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## GenBioChem® Qi ENERGY WITH RHODIOLA ROSEA



## OUR INGREDIENTS

The formulation consists of four medicinally potent naturally-derived extracts—*Eleutherococcus senticosus*, *Ophiocordyceps sinensis*, *Panax ginseng* and *Rhodiola rosea*—in a unique composition based on sound scientific rationale.



### *Eleutherococcus senticosus* extract

- Used to increase energy, longevity and vitality, and to prevent colds and flus
- Widely used as an adaptogen, a substance that is supposed to help the body better cope with mental and physical stress



### *Ophiocordyceps sinensis* extract

- Used to improve weakness, impotence and fatigue associated with aging
- Used to increase physical stamina



### *Panax ginseng* extract

- Used as an adaptogen to help people adapt to rigorous or stressful situations
- Used to increase energy in young people, and to exert calming and restorative effects in older people
- Used to improve mental alertness



### *Rhodiola rosea* extract

- Considered an adaptogenic herb which acts in non-specific ways to increase resistance to stress without disturbing normal biological functions
- Used to stimulate the nervous system by decreasing depression, enhancing work performance, eliminating fatigue, and preventing high altitude sickness.

## HOW IT WORKS

When your body is under stress, whether it be physical or emotional, an external stress signal will activate a cascade of proteins and enzymes in your body. These will cause:

- An increase in cortisol in the body, which in excess can cause you to feel anxious, depressed or chronically fatigued.
- An increase in the production of free radicals and other reactive oxygen species (ROS), which suppresses energy producing molecules in the body, causing physical and mental tiredness.

GenBioChem® Qi works like an adaptogen—essentially, like a “stress vaccine”—by activating stress-induced self-defence mechanisms in order to adapt the cell and organism to reduce the harmful effects of the stress response.

## OUR ADVANTAGE

GenBioChem® Qi is developed by Dr. Jacqueline Shan and her research team using our patented GenBioChem® Triple Fingerprinting Technology™.

This technology ensures superior product quality in terms of product purity, potency and batch-to-batch consistency.

**GENBIOCHEM® QI** comes in 60 capsules.

### Supplement Facts:

Each capsule contains:

#### Medicinal ingredients:

- 100 mg of a 10:1 extract from the root of *Panax ginseng* (Renshen), 25 mg of a 20:1 extract from the root of *Eleutherococcus senticosus* (Eleuthero), 25 mg of a 20:1 extract from the root of *Rhodiola rosea* (Roseroot), 25 mg of *Ophiocordyceps sinensis* mushroom mycelia

#### Non-Medicinal Ingredients:

- Capsule (gelatin, titanium dioxide), magnesium stearate, maltodextrin

#### Recommended Use or Purpose:

Qi means body's vital energy in TCM.

- Reinforce qi
- Enhance physical capacity/performance (in cases of physical stress)
- Improve mental performance after periods of mental exertion
- Relieve general debility and/or to aid during convalescence

#### Recommended Dose:

- Adults: Take 2 capsules twice a day.
- Consult a health care practitioner for use beyond 1 month.
- Not to be taken immediately before bedtime.

#### Cautions and Warnings:

- Consult a healthcare practitioner prior to use if you have diabetes or any type of acute infection or are taking any type of medications, or if symptoms persist or worsen.
- Do not use if you are/have hypersensitivity and/or allergies to any of the ingredients, high blood pressure, bipolar disorder or bipolar spectrum disorder, pregnant or breastfeeding, yin deficiency with heat signs, heat excess, or in the absence of significant qi deficiency.
- Discontinue use if you experience insomnia, irritability, anxiety, or headaches.

#### Target Populations for ages 12 and over:

- Shift workers with irregular hours
- People who work outdoors in extreme conditions
- People with physically and mentally demanding jobs
- Long distance travellers
- People recovering from a long-term illness