



PEKANA[®]

Taking health a step further.

PEKANA[®] Remedy Guide

Homeopathic-Spagyric Remedies

For Licensed Health Care Practitioners only

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Contents

About PEKANA®	6
PEKANA® Spagyrics according to Dr. Beyersdorff	8
Alcohol in Medications	12
Index - Homeopathic-Spagyric Remedies	14
Product Overview - Important Information	16
PEKANA® Detoxification	54



PEKANA® Headquarters in Kisslegg, Germany

About PEKANA®

PEKANA® is a medium-sized, family-owned company run by its co-founder Mrs. Katharina Beyersdorff. The company is located in Kisslegg in the rural south-east of Germany. In this natural environment we have manufactured homeopathic-spagyric remedies since the early 1980s.

The product range comprises homeopathic-spagyric complex remedies. The individual composition of each remedy is attuned to the requirements of diseases, which today are mostly triggered by more than one cause. What makes our remedies so unique is the specifically developed spagyric production procedure that is based on the therapeutic approach to maintain the vital energy of the medicinal plants to their full extent. This constitutes the foundation for a holistically applicable homeopathic-spagyric concept.

In 1991 PEKANA® spagyrics was included in the first German Homeopathic Pharmacopoeia and in 1995 awarded for exemplary performance within the scope of the Innovation Prize of the German Federal State of Baden-Württemberg. Since the year 2000 PEKANA® has been GMP-certified (Good Manufacturing Practice), demonstrating worldwide acknowledgement of quality assurance. In 2008 and 2013 PEKANA® was success-

fully inspected by the American health authority FDA (Food and Drug Administration). With the successful AEO-F certification by customs office PEKANA® has been granted the status of "authorized economic operator" since 2012. The AEO certificate is an international quality mark.

What makes PEKANA® complex remedies special?

- Homeopathy and spagyrics are meant to address people at all levels of being, following the principles:

"Cito, tuto et jucunde – quick, safe and pleasant."

"Primum nihil nocere – above all, do not harm"

- Choosing the ingredients was done according to the naturopathic principle *"Remedies grow near the sick"*. That is why domestic plants are preferred for use. Depending on the ingredients of the respective plant the mother tincture is manufactured either according to PEKANA® spagyrics or as prescribed in homeopathy.
- As a result of his practical experience Dr. Beyersdorff realized that eight ingredients would be ideal for



composing his homeopathic-spagyric complex remedies. In that way the PEKANA® remedies meet the complex pathogenic and pathophysiologic causes of many diseases as comprehensively as possible.

- Even Paracelsus knew that a disease usually impedes the functionality of several organs. That is the reason why associated organ systems should always be treated as well to gain a complete healing of diseases. Organs and the body are considered as a "whole".

"So a disease is in the body, all healthy members should fight against it, not one alone, but all, for a disease is fatal for all of them. So your remedy will have to be like that, that it contains the whole firmament of the upper and lower spheres." Paracelsus

- The homeopathic-spagyric remedy range of PEKANA® can be understood as a "modern vital-energetic regulation treatment".
- All PEKANA® remedies can be combined with each other.
- The remedies, composed according to holistic ideas, own a strengthe-

ning and vitalizing effect on an organotropic level. As to functionality they harmonize and regulate the impaired metabolism in order to support the bodys healing powers in a gentle and complete way.

- *"Many people have an intuitive or conscious longing for homeostasis, the basically harmonic processes of their bodily performance."*
Dr. rer. nat. Peter Beyersdorff

PEKANA® Facts

- Produced by a unique Spagyric Processing Method listed in the official German Homeopathic Pharmacopoeia (GHP)
- Hand-succussed to maintain vital energy
- Cutting-edge production and quality standards (GMP, FDA)
- Health Canada Listed

PEKANA® Spagyrics according to Dr. Beyersdorff

Homeopathic-Spagyric Remedies

Dr. Beyersdorff combined the naturopathic knowledge of Hahnemann and Paracelsus in order to create a modern synthesis of Homeopathy and Spagyrics. His unique Homeopathic-Spagyric Complex Remedies are a synergistic combination of potentized ingredients. The spagyric production method he developed is a modernization of the ancient findings of Paracelsus and was included in the German Homeopathic Pharmacopoeia in 1991.

What are Spagyrics?

A holistic therapy must include holistically effective remedies. The spagyric preparation procedure by PEKANA® for manufacturing homeopathic-spagyric remedies maintains the wholeness of the healing principle of the plant, because it also incorporates, among other things, the vital energy and the plant-specific minerals.

For the further development of this procedure dating back to Paracelsus, PEKANA® was awarded a prize within the scope of the Innovation Award of the German Federal State of Baden-Wuerttemberg.

Spagyrics - in Germany - is a component of the special therapy approach "Homeopathy" and therefore a treat-

ment method of naturopathic holistic medicine. Any statements quoted here are exclusively based on findings and experiences which have been gained within the therapy approach of Homeopathy and Spagyrics.

PEKANA® Spagyrics according to Dr. Beyersdorff

The term spagyrics is a neologism from the Greek term "spao = separate" and "ageiro = unite". Based on the requirements posed by Paracelsus the manufacture of spagyric remedies is traditionally done in four steps. In PEKANA® Spagyrics according to Dr. Beyersdorff these four steps have been modernized:

1. Separation (separatio)
2. Purification (purificatio)
3. Incineration (calcificatio)
4. Unification (conjunctio)

The objective of spagyrics is to relate the principle of efficacy in a medicinal plant from its structural substance or, as Paracelsus put it: "What we see is not the medicine but the body in which it is caught, because arcana, the healing powers of the elements, are invisible." This context allows us to understand the production mode of spagyric remedies: "Solve et coagula et habebis magisterium." Separate and unite and you will gain the hidden healing power.



PEKANA® Spagyrics according to Dr. Beyersdorff

Historic:
Putrefaction



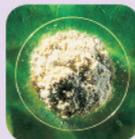
PEKANA® Spagyrics:
Yeast-controlled
fermentation

Historic:
Steam
distillation



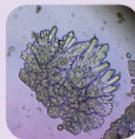
PEKANA® Spagyrics:
Pressing out
and filtration

Historic:
Incineration



PEKANA® Spagyrics:
Incineration

Historic:
Unification



PEKANA® Spagyrics:
Unification

PEKANA[®] Spagyrics according to Dr. Beyersdorff

Separation (separatio) - Step 1 of PEKANA[®] Spagyrics

In the beginnings of spagyrics medicinal plants were subjected to putrefaction (putrefactio) to break them down. By decomposing the intact plant body the healing powers of the plant are supposed to be made available. It leads to a separation (separatio) of the fine acting information derived from the rough plant structure. Paracelsus describes it as follows:

"That is why it is alchemy, which is called spagyria which teaches us to separate wrong from fair."

In PEKANA[®] Spagyrics according to Dr. Beyersdorff the macerated plants are fermented in a first step with water, sugar (saccharose), and brewer's yeast (*saccharomyces cerevisiae*). The procedure allows a gentle preparation of the medicinal plants. From the spagyric view the alcohol generated in the fermentation process acts as carrier of the vital energy (mercury).

Purification (purificatio) - Step 2 of PEKANA[®] Spagyrics

Following putrefaction a steam distillation was performed in traditional spagyrics. In the spagyric process this step symbolizes purification (purificatio). From the historic perspective distillation surely has two reasons. On the one hand people hoped for a spiritualization of the remedy. On the other hand it was simply hygienic reasons, which required to purify the end product of putrefaction. In this way it was possible to gain the "spiritualized" fermentation alcohol and other volatile plant components such as essential oils in their pure form.

Stimulated by his intensive research Dr. Beyersdorff chose to modernize this step as well. In PEKANA[®] Spagyrics the end product of the yeast-controlled fermentation is subjected to filtration after the plant components have been pressed off.

In this procedure Dr. Beyersdorff consciously omitted distillation. Thus the plant specific ingredients can be preserved. The mother tincture gained in this way reflects the "individual character" of the medicinal plant as unadulterated as possible and so, from the spagyric view, owns a particularly strong degree of specific efficacy (sulphur).



Incineration (calcificatio) - Step 3 of PEKANA® Spagyrics

In spagyric tradition the distillation residue was incinerated. The remaining ashes include an accumulation of minerals specific to each plant. These minerals represent a structural part of every medicinal plant (sal). According to the holistic principle of spagyrics gaining the substantial components of each plant was also an important module on the way to a complete remedy. Paracelsus phrased it as follows:

"In order to apply the miraculous healing powers of the plants the remedy itself has to be whole."

Dr. Beyersdorff also further developed the step of incineration (calcificatio) to gain the mineral components of the medicinal plants. In PEKANA® Spagyrics the press residue is incinerated at approximately 900°C. Subsequently, the ashes are solved in hot water for purification, stirred until the mineral components have dissolved and then filtered. The filtrate is evaporated till dry in a water-bath. So the mineral plant components (sal) can be gained in their purified form.

Unification (conjugation) - Step 4 of PEKANA® Spagyrics

The first three steps of the spagyric manufacturing process deal with separating the curative components from the plant body. In that context we should once again remember the following quotation by Paracelsus:

"What we see is not the medicine but the body in which it is caught, because Arcana, the healing powers of the elements, are invisible."

In the fourth step the circuit is closed now towards the finished spagyric mother tincture. Unification (conjugatio) of the purified mineral plant components (sal) with the alcoholic fermentation liquid (sulphur and mercury). Then a last filtration process is done. These spagyric mother tinctures gained at PEKANA® in this special way have the addition "spag. Peka" to their names.

PEKANA® Spagyrics according to Dr. Beyersdorff is a unique possibility to transfer the wholeness of the healing principle as completely as possible into a remedy.

Alcohol in PEKANA® Medications

When discussing the alcohol contained in PEKANA® medicines, it's important to distinguish between the small, beneficial doses administered to patients, and the opposite extreme – the abuse of alcohol.

In medical application, alcohol functions as an indispensable solvent for absorbing the active substances from plants, herbs, and other materials. In contrast, water alone is not capable of providing this vital activity.

In addition, the responsible use of alcohol-based natural remedies is supported by the following facts:

1. Due to metabolic processes in the body, adults and children have a permanent blood alcohol content (BAC) of up to 0.003 g / 100 mL.
2. Children's bodies degrade alcohol two to three times faster than adults. This mechanism enables a child to process 0.2 to 0.3 grams of alcohol per hour/kg bodyweight, while adults degrade 0.09 to 0.13 grams per hour/kg bodyweight.
3. Based on the typical prescribed dosage, a single dose of PEKANA® oral drops contains 0.04 to 0.08 grams of alcohol for children, and 0.08 to 0.16 grams for adults.

4. As a result, children are capable of degrading the average single dose in less than a minute, and adults process the alcohol in a matter of minutes.
5. Studies indicate nursing mothers pass along about 90% of any alcohol they drink into their milk. If a mother nursed her baby immediately after using a remedy, the child would consume about ¼ of the milk available per feeding. However, if the mother waits only 5 minutes or longer before feeding her baby, an increased alcohol level (above the permanent baseline) can no longer be traced in the mother's milk.
6. Moreover, during pregnancy, due to the mother's degrading mechanisms, the unborn receives only negligible amounts of alcohol that are significantly lower than the permanent blood alcohol level.
7. Even foods considered "alcohol-free" actually contain some alcohol, as shown in the chart below:

	Alcohol content	Equivalent number of PEKANA® oral drops
Kefir (0.5 l)	5 grams	1,100 drops
Apple juice (0.2 l)	0.6 grams	140 drops
Dark bread (50 g slice)	0.2 grams	50 drops

Specific Benefits of Medicinal Alcohol

Additional benefits of alcohol used in medicines include:

Alcohol is the only known natural solvent that can bind both water-soluble and fat-soluble substances.

Alcohol functions as a preservative, making other chemical additives unnecessary.

Alcohol acts as a bactericide.

Alcohol improves the body's ability to absorb active substances.

Suggested Pre-Cautions When Prescribing Alcohol-based Medicines

1. **Overdose** – To prevent the possibility of an overdose, alcohol-containing medications should be kept safely away from children, and only an adult should administer the prescribed dosage to a child. Moreover, the acrid alcohol taste of remedies taken undiluted makes it improbable for a child to take large doses. In contrast, heavily sugared, sweet-tasting, over-the-counter syrups for conditions such as coughs and colds potentially present a greater hazard.

2. **Habituation** – Some people have been concerned that children can become habituated to the taste of alcohol by taking alcohol-containing medicines. However, this possibility seems unlikely due to the alcohol taste. In addition, simply administering the remedy in a liquid, such as juice or water, dilutes the taste, while placing the drops in warm tea helps lower the absolute amount of alcohol through evaporation.

3. **High-risk Persons** – To avoid abuse or accidental use of alcohol containing remedies by high-risk persons, the alcohol content of each remedy is printed on the packaging. Persons who should avoid using alcohol-containing remedies include:

- Alcoholics
- People with epilepsy
- Patients with liver damage
- Patients taking morphine- or codeine-containing drugs
- Patients taking blood-thinning medications

PEKANA® Index

Summary of Application Areas*	Homeopathic-Spagyric Remedy	Page
Allergies	PROALLER® spag. Peka - Drops	45
Anxiety, mild	PSY-stabil® spag. Peka - Drops	46
Blood supply, arterial & venous	CLAUPAREST® spag. Peka - Drops	28
Cardiac insufficiency, minor	CARDINORMA® spag. Peka - Drops	27
Cold, mild	apo-INFEKT® spag. Peka - Drops	22
Connective tissue, weak	ZELLULISAN® spag. Peka - Ointment	53
Detoxification	apo-HEPAT® spag. Peka - Drops RENELIX® spag. Peka - Drops TOXEX® spag. Peka - Drops ITIRES® spag. Peka - Drops	54
Edema	apo-OEDEM® spag. Peka - Drops	23
Exhaustion, mental & physical	NEU-regen® spag. Peka - Syrup	43
Eye, disturbed metabolism	GLAUTARAKT® spag. Peka - Drops	35
Gut symbiosis & parasites	HELMIN spag. Peka - Drops	37
Heart, nervous	coro-CALM® spag. Peka - Drops	30
High blood pressure related symptoms, minor	co-HYPERT® spag. Peka - Drops	29
Inflammatory conditions, mild (in the mucosal membrane area)	OPSONAT® spag. Peka - Drops	44
Kidney function, support of	RENELIX® spag. Peka - Drops	47
Liver & gall complaints	apo-HEPAT® spag. Peka - Drops	21
Lymphatic system, support of	ITIRES® spag. Peka - Drops ITIRES® spag. Peka - Ointment	39 40
Menopausal conditions	KLIFEM® spag. Peka - Drops	41
Metabolic waste inhibiting proper organ function	MUNDIPUR® spag. Peka - Drops	42



Summary of Application Areas*	Homeopathic-Spagyric Remedy	Page
Mineral metabolism	DALEKTRO® N - Drops	31
Muscle and ligament problems	apo-RHEUM® spag. Peka - Drops	24
Pain in the head / nerves / limbs	apo-DOLOR® spag. Peka - Drops	20
Pancreas function, weak digestion	SPECI-CHOL® spag. Peka - Drops	51
Rhinitis & Sinusitis, mild	RICURA® spag. Peka - Drops	48
Sleep, disturbed	SOMCUPIN® spag. Peka - Drops	50
Skin problems, various	DERCUT® spag. Peka - Drops	32
	DERCUT® spag. Peka - Ointment	33
Sore throat	SEPTONSIL® spag. Peka - Drops	49
Spleen complaints	AILGENO® spag. Peka - Drops	18
Sports injuries	INFLAMYAR spag. Peka - Drops	38
	FLAMYAR® spag. Peka - Ointment	34
Stomach complaints	apo-STOM® spag. Peka - Drops	25
Sugar metabolism, disturbed	GLUCORECT® spag. Peka - Drops	36
Thyroid-related symptoms, minor	apo-STRUM® spag. Peka - Drops	26
Toxic overload in tissues	TOXEX® spag. Peka - Drops	52
Urinary tract, mild inflammation	AKUTUR® spag. Peka - Drops	19

* The application areas of the ingredients in the PEKANA® products are derived from the Homeopathic Therapeutic Profiles, which are described by acknowledged homeopathic experts (see page 16 and 17).

The summary of these application areas are the basis for the abbreviated overview given in this index.

It should enable the health care practitioner to quickly find the respective product in this booklet.

Product Overview - Important Information

The following overview describes the PEKANA® products, which are available in Canada, the active homeopathic ingredients in the PEKANA® products and the application areas of these ingredients and the individual combinations.

These application areas are derived from the Homeopathic Therapeutic Profiles, which are described by acknowledged homeopathic experts such as Keller, Greiner, Stockebrand, William and Oskar E. Boericke, Mezger, Madaus and others.¹

To enable the health care practitioner to practically and safely use the PEKANA® products both the summary of the application areas as well as the most important application areas given by the Homeopathic Therapeutic Profiles of the active ingredients are described.

It is important to note that the same ingredients may be contained in several PEKANA® medications. The reason is that while each herb possesses unique properties that cause local changes, some ingredients also work systemically to promote healing throughout the body.

Clarification:

The information given in this booklet is based on general information available on homeopathic products respectively the ingredients used in Homeopathy, which was collected over more than 200 years.

Homeopathy is a therapeutic method that uses highly diluted natural substances in micro-doses to relieve symptoms. Homeopathy derives from the Greek words *homeo*, meaning "similar," and *pathos*, meaning "suffering" (such as the pathology of a disease).

Homeopathy operates on a "*like cures like*"² principle that has been used empirically for more than 200 years. In other words this means that a patient suffering from symptoms can be treated by micro-doses of a substance capable of producing similar symptoms in a healthy person.

This micro dose substance is prepared by a potentization (dilution) process in accordance with the pharmaceutical rules described in the respective Homeopathic Pharmacopeia.

This process then enables the substance - according to the general rules of homeopathy - to stimulate the body's physiological reactions that restore health, with a very low risk of side effects due to the use of micro-doses.



For more information on homeopathic drugs, please see the following link:
<http://www.fda.gov/iceci/compliance-manuals/compliancepolicyguidancemanual/ucm074360.htm>

The statements described in this brochure have not been reviewed by Health Canada in the registration/ listing process – only quality and safety aspects were evaluated in this process.

All statements are supported by traditional homeopathic principles and empiric findings documented in the acknowledged homeopathic literature. The information is intended for educational and informational purposes of healthcare professionals only.

It is not intended to be a substitution for consultation by a healthcare provider. Please use this information only if you are a healthcare professional with the required knowledge of homeopathic treatments.

If you are not such a healthcare professional, consult your own physician or appropriate healthcare provider about the applicability of any opinions or recommendations with respect to your own symptoms or medical conditions.

References:

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Heinz A. Hoppe, *Drogenkunde*, Bd.1, Verlag Walter de Gruyter, Berlin New York 1975, ISBN: 3-11-006660-2
- 2) Samuel Hahnemann, *Organon der Heilkunst*, 6. Auflage, Narayana Verlag 1921
ISBN-10: 3921383803

Summary of application areas:

Helps relieve symptoms associated with liver and spleen complaints

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Amanita muscaria (Agaricus muscarius)	4X	11.5 g	gastro-intestinal irritation
Acidum arsenicosum (Arsenicum album)	6X	11.5 g	enlarged spleen, spleen intoxicification
Silybum marianum (Carduus marianus)	15X	5.5 g	regulates liver & spleen function
Ceanothus americana	4X	16.0 g	regulates spleen function
Cinchona pubescens (China) spag. Peka	6X	12.5 g	liver and gastrointestinal disease
Glechoma hederacea spag. Peka	6X	17.5 g	stimulates the metabolism
Grindelia robusta spag. Peka	6X	17.0 g	chronic infections
Natrium chloratum (Natrium muriaticum)	12X	8.5 g	dry mucous membranes, chronic spleen and liver infections

Contains 20% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day.

Use under the direction of a homeopathic practitioner.

For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen. If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

apo-HEPAT® spag. Peka	strengthening of liver / gall
ITIRES® spag. Peka	stimulation of lymphatic flow

Size:

50 mL / 1.7 Fl.oz.





AKUTUR[®] spag. Peka

DIN-HM 80038560

Summary of application areas:

Helps relieve symptoms associated with inflammatory diseases of the urinary tract

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Acidum benzoicum e resina	4X	12.5 g	kidney irritation, incontinence
Acidum nitricum	4X	12.5 g	mild urinary tract inflammation
Apis mellifica	3X	10.0 g	edema, anti-inflammatory
Lytta vesicatoria (Cantharis)	4X	11.5 g	burning pain during urination
Populus tremuloides spag. Peka	2X	13.0 g	bladder inflammation, burning pain
Pulsatilla pratensis spag. Peka	4X	12.0 g	kidneys and bladder, irritated
Zingiber officinale	3X	13.0 g	flushes urethra, stabbing pain
Solidago virgaurea	2X	15.5 g	stimulates renal function, diuretic

Contains 45% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen. If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

OPSONAT [®] spag. Peka	inflammation of the mucosal membranes
apo-INFEKT [®] spag. Peka	infections
RENELIX [®] spag. Peka	strengthening of kidneys

Size:

50 mL / 1.7 Fl.oz.



Summary of application areas:

Helps relieve symptoms associated with head, nerve and limb pain

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Aconitum napellus	12X	13.0 g	trigeminal neuralgia, headache
Semecarpus anacardium	6X	13.0 g	nervous exhaustion, ringing in ears
Bryonia cretica spag. Peka	3X	11.0 g	pounding headaches, toothaches
Gelsemium sempervirens	4X	13.0 g	migraine headaches
Menyanthes trifoliata	3X	10.5 g	neuralgia, neck pain, pain in limbs
Schoenocaulon officinale (Sabadilla)	3X	10.5 g	dizziness, brain fog, rheumatic conditions
Spigelia anthelmia	3X	14.0 g	trigeminal neuralgia
Piper methysticum spag. Peka	8X	15.0 g	mental exhaustion, joint pain

Contains 40% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 10 drops every hour until pain is gone, or 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

INFLAMYAR spag. Peka drops and FLAMYAR® spag. Peka ointment	joint trouble
apo-RHEUM® spag. Peka	rheumatic symptoms
OPSONAT® spag. Peka	inflammation of mucosal membranes

Size:

50 mL / 1.7 Fl.oz.





apo-HEPAT® spag. Peka

DIN-HM 80037982

Summary of application areas:

Helps relieve symptoms associated with gall and liver complaints such as indigestion, flatulence and organ spasms

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Chionanthus virginica	2X	14.0 g	liver dysfunction
Iberis amara	6X	14.0 g	irritated epigastric region
Lycopodium clavatum	4X	14.0 g	eliminates metabolic waste
Mandragora e radice siccato	12X	14.0 g	spastic constipation
spag. Peka			
Phosphorus	10X	14.0 g	liver dysfunction
Peumus boldus (Boldo) spag. Peka	6X	6.0 g	gallbladder stimulant
Cynara scolymus	8X	10.0 g	dyspepsia, hepatogenic gastritis
Taraxacum officinale spag. Peka	8X	14.0 g	cleans renal and liver system

Contains 31% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

TOXEX® spag. Peka	detoxification
apo-OEDEM® spag. Peka	edemas
OPSONAT® spag. Peka	inflammation of mucosal membranes

Size:

50 mL / 1.7 Fl.oz.

100 mL / 3.34 Fl.oz.



Summary of application areas:

Helps relieve symptoms associated with head colds and mild infections

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Ailanthus altissima	3X	12.0 g	infections
Argentum nitricum	6X	12.0 g	natural antibacterial, restlessness
Cinchona succirubra (China) spag. Peka	8X	12.0 g	mild fever, weakness
Lachesis muta	12X	12.0 g	infections
Vincetoxicum hirundinaria	6X	12.0 g	viral infections
Echinacea spag. Peka	12X	14.0 g	immune stimulant
Marrubium vulgare	6X	16.0 g	lymphatic stimulant
Nasturtium officinale (Nasturtium aquaticum)	6X	10.0 g	natural antimicrobial, urological infections

Contains 22% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

AILGENO® spag. Peka	spleen function
OPSONAT® spag. Peka	inflammation of mucosal membranes
SEPTONSIL® spag. Peka	sore throat and tonsil complaints
RICURA® spag. Peka	rhinitis / sinusitis
AKUTUR® spag. Peka	infections of the urinary tract

Size:

50 mL / 1.7 Fl.oz.





apo-OEDEM® spag. Peka

DIN-HM 80037877

Summary of application areas:

Helps relieve symptoms associated with different forms of edemas

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Aesculus hippocastanum	4X	12.0 g	circulatory problems
Apocynum cannabinum spag. Peka	2X	15.0 g	strengthens the heart muscle
Convallaria majalis	12X	16.0 g	nervous heart conditions
Helleborus niger	4X	12.0 g	promotes body harmony
Thuja occidentalis	6X	13.5 g	stimulates excretion
Sambucus nigra spag. Peka	4X	12.5 g	diuretic
Filipendula ulmaria (Spirea ulmaria)	6X	13.5 g	diuretic
Stigmata maydis spag. Peka	4X	5.5 g	diuretic

Contains 29% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

- CARDINORMA® spag. Peka strengthens the heart
- RENELIX® spag. Peka strengthens kidneys
- MUNDIPUR® spag. Peka purification of tissue
- apo-HEPAT® spag. Peka strengthens liver / gall

Size:

50 mL / 1.7 Fl.oz.



Summary of application areas:

Helps relieve symptoms associated with sciatica, wry neck, tendonitis, stiff neck, contusion, tennis elbow and gout

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Arnica montana spag. Peka	12X	15.0 g	gout, muscular pain
Bryonia cretica spag. Peka	4X	16.0 g	muscle inflammation
Colchicum autumnale	12X	13.0 g	gout, intestinal problems
Solanum dulcamara (Dulcamara)	12X	13.0 g	neck stiffness, neuralgia
Pseudognaphalium obtusifolium (Gnaphalium polycephalum)	4X	17.0 g	sciatica, lumbago
Guajacum	6X	13.0 g	joint pain
Taraxacum officinale	12X	13.0 g	muscle and joint pain, promotes excretion

Contains 18% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen. If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

INFLAMYAR spag. Peka drops and FLAMYAR® spag. Peka ointment	joint trouble, lumbago and stiff muscles
OPSONAT® spag. Peka	inflammation of mucosal membranes
RENELIX® spag. Peka	strengthens kidneys
MUNDIPUR® spag. Peka	symptoms of gout

Size:

50 mL / 1.7 Fl.oz.





apo-STOM® spag. Peka

DIN-HM 80048171

Summary of application areas:

Helps relieve symptoms associated with acidic complaints of stomach, gastroenteritis with vomiting and nausea, weak digestion

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Stibium sulfuratatum nigrum (Antimonium crudum)	8X	12.0 g	gastritis, intestinal spasms
Atropa belladonna spag. Peka	4X	14.0 g	gastroenteritis
Colchicum autumnale	6X	10.0 g	burning sensation, nausea
Citrullus colocynthis	4X	7.0 g	colic, bloating
Natrium phosphoricum	4X	16.0 g	diarrhea, heartburn
Strychnos nux-vomica spag. Peka	4X	13.0 g	stomach irritation, chronic gastritis
Robinia pseudoacacia spag. Peka	6X	10.0 g	stomach overacidity
Achillea millefolium	4X	18.0 g	digestive tract function, cramps

Contains 23% alcohol by volume.

Contains minimal amounts of lactose.

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

apo-INFEKT® spag. Peka	infections
OPSONAT® spag. Peka	inflammation of mucosal membranes
DALEKTRO® N	support of electrolyte metabolism

Size:

50 mL / 1.7 Fl.oz.



Summary of application areas:

Helps relieve symptoms associated with minor thyroid dysfunction

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Calcium fluoratum	8X	12.0 g	thyroid gland pressure
Conium maculatum	6X	17.0 g	hardening & thickening of the thyroid
Lophophytum leandri (Flor de piedra)	4X	15.0 g	thickening of the thyroid
Hedera helix spag. Peka	3X	14.0 g	correlation with iodine metabolism
Magnesium carbonicum	8X	14.0 g	activates enzymes, regulates immune function
Cytisus scoparius (Spartium scoparium) spag. Peka	6X	12.0 g	cardiac support
Crataegus spag. Peka	2X	10.0 g	circulatory disturbances
Galium aparine	4X	6.0 g	excretion

Contains 18% alcohol by volume.

Contains minimal amounts of lactose.

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen. If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

coro-CALM[®] spag. Peka support of heart function (nervous)

Size:

50 mL / 1.7 Fl.oz.





CARDINORMA® spag. Peka

DIN-HM 80038583

Summary of application areas:

Helps relieve symptoms associated with minor cardiac insufficiency and minor circulatory disorders

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Arnica montana spag. Peka	4X	13.0 g	congestion of the arteries
Carbo vegetabilis	8X	13.0 g	oxygen utilization
Kalium carbonicum	4X	13.0 g	minor myocardial insufficiency
Lachesis muta	8X	13.0 g	heart support
Nerium oleander	4X	13.0 g	heart, sensitive
Nicotiana tabacum	6X	13.0 g	heart & circulatory support
Peumus boldus (Boldo) spag. Peka	4X	6.0 g	diuretic, gallbladder stimulant
Crataegus spag. Peka	3X	16.0 g	prevents cardiac insufficiency

Contains 19% alcohol by volume.

Contains minimal amounts of lactose.

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

coro-CALM® spag. Peka	support of heart function (nervous)
apo-STRUM® spag. Peka	support of thyroid function

Size:

50 mL / 1.7 Fl.oz.



Summary of application areas:

Helps relieve symptoms associated with disturbed arterial and venous blood supply, injuries, rheumatism with disturbed thermal regulation

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Araneus diadematus (Aranea diadema)	9X	13.0 g	neuralgia, paraesthesia, icy feeling
Arnica montana spag. Peka	4X	13.0 g	vascular congestion
Cuprum aceticum	4X	13.0 g	vascular and organ cramps
Mandragora e radice siccato spag. Peka	6X	13.0 g	numbness, spasms
Plumbum aceticum	6X	13.0 g	paraesthesia, angiospasm
Nicotiana tabacum (Tabacum)	6X	13.0 g	support of perfusion
Ruta graveolens spag. Peka	4X	6.0 g	disturbed circulation
Melilotus officinalis spag. Peka	4X	16.0 g	natural anti-thrombotic, congestion

Contains 19% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

CARDINORMA® spag. Peka strengthening of the heart
DALEKTRO® N support of electrolyte metabolism

Size:

50 mL / 1.7 Fl.oz.





CO-HYPERT® spag. Peka

DIN-HM 80038564

Summary of application areas:

Helps relieve symptoms associated with minor high blood pressure

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Natrium tetrachloroauratum (Aurum chloratum natronatum)	6X	12.5 g	blood pressure variations, liver support
Barium carbonicum	8X	13.0 g	prevents conduction disruption
Anamirta cocculus (Cocculus)	4X	13.5 g	eliminates dizziness
Iberis amara	4X	11.5 g	calms a racing heart
Magnesium chloratum	6X	12.5 g	dyspepsia, intestinal diseases, fear
Ferula moschata (Sumbulus moschatus)	6X	13.5 g	calms an agitated heart
Melilotus officinalis spag. Peka	1X	3.5 g	supports circulation
Viscum album spag. Peka	3X	20.0 g	circulatory disturbances

Contains 17% alcohol by volume.

Contains minimal amounts of lactose.

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

- NEU-regen® spag. Peka mental and physical states of exhaustion
- RENELIX® spag. Peka strengthening of kidneys
- CLAUPAREST® spag. Peka promotes blood supply

Size:

50 mL / 1.7 Fl.oz.



Summary of application areas:

Helps relieve symptoms associated with a nervous heart

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Aconitum napellus	6X	10.5 g	psychic unrest, nervous heart
Selenicereus grandiflorus (Cactus grandiflorus)	2X	10.5 g	heart feels tight
Coffea arabica	10X	12.0 g	sleeplessness due to coffee, tea...
Lobelia inflata spag. Peka	4X	12.0 g	regulates respiratory rate
Ferula moschata (Sumbulus moschatus)	4X	11.5 g	calms an agitated heart
Convallaria majalis	12X	15.5 g	increases heart strength
Crataegus spag. Peka	6X	13.5 g	regulates cardiac function
Leonurus cardiaca	6X	14.5 g	harmonizes gastroenterocardial regulation

Contains 36% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

apo-STRUM® spag. Peka	support of thyroid function
SOMCUPIN® spag. Peka	disturbed sleep

Size:

50 mL / 1.7 Fl.oz.





DALEKTRO® N

DIN-HM 80037868

Summary of application areas:

Helps relieve symptoms associated with disturbed mineral metabolism

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Argentum nitricum	4X	10.5 g	mucous membrane inflammation, nervousness
Calcium carbonicum (Calcarea carbonicum Hahnemanni)	6X	8.5 g	blood coagulation
Cobaltum nitricum	6X	11.5 g	blood formation, protein metabolism
Cuprum aceticum	12X	7.0 g	reabsorption of nutritive iron
Ferrum metallicum	6X	8.5 g	blood formation
Kalium carbonicum	4X	12.5 g	activates enzymes
Magnesium chloratum (Magnesium muriaticum)	4X	14.5 g	connective tissue degeneration
Manganum aceticum	8X	7.5 g	activates enzymes
Selenium	12X	5.5 g	antioxidant, eliminates cadmium and mercury
Acidum silicicum (Silicea)	12X	7.5 g	builds connective tissue
Zincum phosphoricum	12X	6.5 g	red blood cells, pancreas

Contains 19% alcohol by volume.

Contains minimal amounts of lactose.

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen. If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

apo-STRUM® spag. Peka support of thyroid function
CARDINOMA® spag. Peka strengthening of heart

Size:

50 mL / 1.7 Fl.oz.



Summary of application areas:

Helps relieve symptoms associated with acne, eczema, psoriasis, itching, neurodermatitis

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Helianthemum canadensis (Cistus canadensis)	3X	12.5 g	itching rashes
Centella asiatica (Hydrocotyle asiatica)	4X	14.0 g	psoriasis, eczema
Daphne mezereum (Mezereum) spag. Peka	12X	14.5 g	eczema, itching & painful
Ranunculus bulbosus	4X	15.0 g	eczema, blisters
Smilax officinalis (Sarsaparilla)	12X	14.0 g	milk crust/cradle cap, eczema, psoriasis
Ledum palustre	6X	2.0 g	itching dermatitis, acne
Fumaria officinalis spag. Peka	6X	14.0 g	cleans blood and skin
Viola tricolor spag. Peka	4X	14.0 g	eczema

Contains 27% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

DERCUT [®] spag. Peka ointment	skin diseases, topical
apo-INFEKT [®] spag. Peka	infections
TOXEX [®] spag. Peka	detoxification
RENELIX [®] spag. Peka	strengthening of kidneys
apo-HEPAT [®] spag. Peka	strengthening of liver/gall
PROALLER [®] spag. Peka	allergies

Size:

50 mL / 1.7 Fl.oz.





DERCUT® spag. Peka ointment

DIN-HM 80037846

Summary of application areas:

Helps relieve symptoms associated with acne, eczema, psoriasis, itching, insect bites, fever blisters

Composition: Ointment: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Euphorbia	4X	1.40 g	acne
Hydrastis canadensis	3X	1.25 g	eczema, painful
Kreosotum	6X	1.15 g	urticaria / hives
Toxicodendron quercifolium (Rhus toxicodendron)	8X	0.90 g	eczema
Sempervivum tectorum spag. Peka	3X	1.00 g	inflammatory skin disease
Bellis perennis spag. Peka	8X	2.30 g	vesicular eczema, itching
Vinca minor spag. Peka	3X	2.70 g	itching, oozing rash
Viola tricolor spag. Peka	2X	3.30 g	intensely itching, scrofulous eczema
Lactose-free			

Dosage:

Unless otherwise prescribed, adults apply a moderate amount of ointment 2-3 times per day by rubbing gently into the skin. For external use only.

Warning:

Consult a health care practitioner if symptoms persist or worsen. If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

DERCUT® spag. Peka drops	skin diseases
TOXEX® spag. Peka	detoxification
PROALLER® spag. Peka	allergies
apo-INFEKT® spag. Peka	infections

Size:

100 g / 3.5 OZ



Summary of application areas:

Helps relieve symptoms associated with hematoma, tennis elbow, lumbago, distorsions, strain, stiff muscles, wry neck and gout complaints

Composition: Ointment: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Arnica montana spag. Peka	12X	3.5 g	hematoma, rheumatism
Bryonia cretica spag. Peka	4X	4.5 g	stinging pain
Guajacum officinale	4X	3.0 g	shortening of the tendon
Toxicodendron quercifolium (Rhus toxicodendron)	12X	4.0 g	joint and muscle rheumatism
Bellis perennis spag. Peka	8X	3.0 g	contusions, hematoma
Ledum palustre (Ledum)	4X	5.0 g	gout, numbness
Ruta graveolens spag. Peka	6X	4.0 g	circulation
Viscum album spag. Peka	4X	5.0 g	rheumatic spasms, wry neck

Lactose-free

Dosage:

Unless otherwise prescribed, adults apply a small amount of ointment 2-3 times per day by rubbing gently into the skin. For external use only.

Warning:

Consult a health care practitioner if symptoms persist or worsen. If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

INFLAMYAR spag. Peka drops	oral version of FLAMYAR®
apo-RHEUM® spag. Peka	rheumatic complaints
OPSONAT® spag. Peka	inflammation of mucosal membranes
MUNDIPUR® spag. Peka	tissue purification, gout symptoms

Size:

100 g / 3.5 OZ





GLAUTARAKT® spag. Peka

DIN-HM 80037819

Summary of application areas:

Helps relieve symptoms associated with disturbed metabolism of the eye and blocked flow of aqueous humor

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Aurum chloratum	6X	13.0 g	disturbed metabolism of the eye
Solanum dulcamara (Dulcamara)	3X	11.5 g	optic nerve disturbance, irritated eye
Euphrasia officinalis spag. Peka	2X	13.5 g	conjunctivitis
Nitroglycerinum (Glonoinum)	6X	10.5 g	disturbed circulation
Hedera helix spag. Peka	8X	11.0 g	sclerotic vessels
Ruta graveolens spag. Peka	6X	13.0 g	vision weakness, eyestrain
Nicotiana tabacum (Tabacum)	6X	13.0 g	cloudy vision, blood vessels
Cynara scolymus	8X	14.5 g	regulates metabolic processes

Contains 20% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

CLAUPAREST® spag. Peka	promotes blood supply
apo-HEPAT® spag. Peka	liver / gall disorders
TOXEX® spag. Peka	detoxification

Size:

50 mL / 1.7 Fl.oz.





HELMIN spag. Peka

DIN-HM 80037853

Summary of application areas:

Helps relieve symptoms associated with disturbed gut symbiosis in connection with parasitic infections

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Allium cepa spag. Peka	6X	16.5 g	stomach & colon inflammation
Artemisia abrotanum spag. Peka	8X	12.0 g	colon worms
Artemisia cina (Cina)	12X	13.5 g	intestinal worms
Cuprum oxydatum nigrum	12X	11.0 g	anti-spastic
Okoubaca aubrevillei spag. Peka	4X	17.0 g	digestive disturbances
Schoenocaulon officinale (Sabadilla)	6X	10.0 g	stomach-intestinal irritation
Spigelia anthelmia	4X	20.0 g	eliminates worms

Contains 21% alcohol by volume.

Contains minimal amounts of lactose.

Dosage:

Unless otherwise prescribed, adults take 30 drops, 2 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

apo-HEPAT® spag. Peka	liver / gall disorders
TOXEX® spag. Peka	toxic overload
AILGENO® spag. Peka	spleen complaints

Size:

50 mL / 1.7 Fl.oz.



Summary of application areas:

Helps relieve symptoms associated with hematoma, tennis elbow, lumbago, contusions, strains, stiff muscles, wry neck and gout complaints

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Arnica montana spag. Peka	4X	12.0 g	hematoma, rheumatism
Bellis perennis spag. Peka	4X	13.0 g	contusions, hematoma
Bryonia cretica spag. Peka	4X	13.0 g	stinging pain
Guaiacum officinale	6X	13.0 g	shortening of the tendon
Ledum palustre	12X	13.0 g	gout, numbness
Ruta graveolens spag. Peka	4X	12.0 g	circulation
Toxicodendron quercifolium (Rhus toxicodendron)	8X	11.0 g	joint and muscle rheumatism
Viscum album spag. Peka	4X	13.0 g	rheumatic spasms, wry neck

Contains 18% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 2-3 times per day in water or herbal teas. Children (1-12) take 10 drops 2-3 times a day in water. Use under the direction of a homeopathic practitioner.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

FLAMYAR® spag. Peka ointment	topical version of INFLAMYAR for local application
apo-RHEUM® spag. Peka	rheumatic symptoms
MUNDIPUR® spag. Peka	gout symptoms
OPSONAT® spag. Peka	inflammation of mucosal membranes
RENELIX® spag. Peka	strengthening kidneys

Size:

100 ml / 3.34 Fl.oz.

38





ITIRES® spag. Peka

DIN-HM 80037963

Summary of application areas:

Helps relieve symptoms associated with diseases of the lymphatic system such as swollen lymph nodes and mammary engorgement

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Barium carbonicum	8X	13.5 g	swollen, hardened lymph nodes
Calcium jodatum	8X	13.5 g	chronic gland infections, swollen tonsils
Helianthemum canadense (Cistus canadensis)	12X	15.0 g	swollen lymph nodes
Conium maculatum	6X	13.5 g	sluggish lymph nodes
Scrophularia nodosa	4X	13.0 g	inflamed lymph nodes
Echinacea angustifolia spag. Peka	12X	10.5 g	immune stimulant
Galium aparine	6X	11.5 g	hardened lymph nodes
Juglans regia spag. Peka	6X	9.5 g	treats lymphatics, wet eczema

Contains 18% alcohol by volume.

Contains minimal amounts of lactose.

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

ITIRES® spag. Peka ointment	swollen lymph nodes, blocked lymph flow
OPSONAT® spag. Peka	inflammation of mucosal membranes
TOXEX® spag. Peka	detoxification

Size:

50 mL / 1.7 Fl.oz.

100 mL / 3.34 Fl.oz.



Summary of application areas:

Helps relieve symptoms associated with swollen lymph nodes and hard formation of nodes

Composition: Ointment: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Arnica montana spag. Peka	8X	2.5 g	congested vessels, arterial / venous
Calcium fluoratum	8X	2.0 g	hard glands, fibroma
Calcium jodatum	6X	2.5 g	inflammatory gland swelling
Clematis recta	3X	2.5 g	inflammatory palpable lymph nodes
Conium maculatum	3X	2.5 g	glands enlarged, hardened
Scrophularia nodosa	2X	1.5 g	chronic lymph inflammation
Aesculus hippocastanum	4X	3.5 g	venous congestion, pain
Hedera helix spag. Peka	6X	4.0 g	indolent gland swelling

Contains minimal amounts of lactose.

Dosage:

Unless otherwise prescribed, adults apply a moderate amount of ointment 2 times per day by rubbing gently into the skin. For external use only.

Warning:

Consult a health care practitioner if symptoms persist or worsen. If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

ITIRES® spag. Peka drops lymph flow stimulation
apo-HEPAT® spag. Peka stimulates liver / bile flow

Size:

35 g / 1.2 OZ





KLIFEM® spag. Peka

DIN-HM 80038585

Summary of application areas:

Helps relieve symptoms associated with menopausal conditions

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Aletris farinosa	2X	13.0 g	leucorrhoea, bleeding
Graphites	8X	12.0 g	delayed menstruation, soreness
Chamaelirium luteum (Helonias dioica)	3X	13.0 g	nervousness, hot flashes, mood swings
Pilocarpus (Jaborandi) spag. Peka	3X	10.0 g	hot flashes, night sweats
Lachesis muta	6X	14.0 g	thyroid gland function, hot flashes, irritated venous system
Pulsatilla pratensis spag. Peka	3X	10.0 g	irregular menstruation
Sanguinaria canadensis spag. Peka	6X	13.0 g	urogenital conditions, breast pain
Lamium album	3X	15.0 g	leucorrhoea, bladder infections

Contains 14% alcohol by volume.

Contains minimal amounts of lactose.

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

apo-STRUM® spag. Peka support of thyroid function

Size:

50 mL / 1.7 Fl.oz.



Summary of application areas:

Helps relieve symptoms associated with increased metabolic waste products which inhibit proper organ function

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Bryonia cretica spag. Peka	4X	16.5 g	rheumatic pain, gout, intestinal excretion
Colchicum autumnale	12X	19.5 g	rheumatism, gout
Natrium carbonicum	4X	19.5 g	weakness in a limb, promotes digestion
Phytolacca americana	4X	20.5 g	stiffness, neuralgia, muscular spasms
Berberis vulgaris spag. Peka	6X	2.0 g	uric acid excretion
Harpagophytum procumbens	12X	2.5 g	large joints, spastic pain, stimulates metabolism
Ledum palustre	6X	2.5 g	pain, stiffness, thermo-regulation
Cynara scolymus	8X	17.0 g	drainage, gout, painful inflammation

Contains 20% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 1 teaspoon, 3-4 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen. If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

RENELIX® spag. Peka	strengthening of kidneys
OPSONAT® spag. Peka	inflammation of mucosal membranes
apo-RHEUM® spag. Peka	rheumatic symptoms
FLAMYAR® spag. Peka ointment	joint trouble

Size:

250 mL / 8.5 Fl.oz.





NEU-regen® spag. Peka

DIN-HM 80038570

Summary of application areas:

Helps relieve symptoms associated with mental and physical states of exhaustion

Composition: Syrup: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Argentum nitricum	6X	2.0 g	mental exhaustion, fear of failure
Cinchona pubescens (China) spag. Peka	4X	2.8 g	nervous weakness
Conium maculatum	4X	2.4 g	mood swings, fear of being alone
Strychnos nux-vomica (Nux vomica) spag. Peka	4X	2.4 g	irritability
Delphinium staphisagria (Staphisagria) spag. Peka	6X	2.4 g	vegetative dystonia, irritability
Piper methysticum	8X	3.2 g	relaxes, improves the mood
Avena sativa	3X	2.4 g	restlessness, exhaustion, sleep disorders
Panax ginseng (Ginseng) In a base of Vinum liquorosum.	4X	2.4 g 80.0 g	mental and physical exhaustion

Contains 17% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 2 teaspoons, 2 times per day prior to 2:00 pm. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen. If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

PSY-stabil® spag. Peka mild anxiety
CARDINORMA® spag. Peka strengthening of
the heart

Size:

250 mL / 8.5 Fl.oz.



Summary of application areas:

Helps relieve symptoms associated with inflammatory conditions in the mucosal membrane area

OPSONAT® spag. Peka can be combined as a supportive agent to the respective basic medication assigned to the according diseases.

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Acidum nitricum	4X	16.0 g	mucous membrane infections
Acidum sulfuricum	4X	12.5 g	mucosal inflammation
Bellis perennis spag. Peka	1X	11.5 g	injuries, strains, joint rheumatism
Lytta vesicatoria (Cantharis)	4X	11.5 g	inflammation, urinary conditions
Gratiola officinalis	4X	12.5 g	gastritis, liver function
Hydrastis canadensis	4X	5.5 g	chronic inflammation, mucosal infections
Lachesis muta	7X	14.0 g	inflammation
Glechoma hederacea spag. Peka	2X	16.5 g	liver / spleen disease, stimulates metabolism

Contains 28% alcohol by volume.
Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day.
Use under the direction of a homeopathic practitioner.
For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen. If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

DALEKTRO® N support of electrolyte metabolism

Size:

50 mL / 1.7 Fl.oz.





PROALLER® spag. Peka

DIN-HM 80037960

Summary of application areas:

Helps relieve symptoms associated with allergies, hay fever, neurodermatitis and milk crust / cradle cap

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Ailanthus altissima	4X	12.0 g	infections, allergic skin disorders
Euphrasia officinalis spag. Peka	3X	16.0 g	dryness, itching
Okoubaka aubrevillei	3X	15.0 g	detoxifies system, diarrhea
Gratiola officinalis	4X	15.0 g	eye irritation, skin conditions
Juglans regia spag. Peka	6X	15.0 g	stimulates lymphatic system
Smilax officinalis (Sarsaparilla)	8X	15.0 g	chronic skin eruptions
Taraxacum officinale spag. Peka	12X	12.0 g	stimulates hepatic and renal function

Contains 28% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

RICURA® spag. Peka	rhinitis / sore mucosal membranes of the nose
DERCUT® spag. Peka	skin diseases

Size:

50 mL / 1.7 Fl.oz.



Summary of application areas:

Helps relieve symptoms associated with mild anticipation, tests and other day anxieties

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Acidum phosphoricum	3X	5.0 g	nervous exhaustion
Amanita muscaria (Agaricus muscarius)	6X	6.0 g	weak memory, dizziness
Semecarpus anacardium (Anacardium)	10X	14.0 g	lack of concentration, exhaustion
Avena sativa spag. Peka	2X	16.0 g	worry, mood swings, vegetative dystonia
Cinchona pubescens (China) spag. Peka	3X	14.0 g	nervous hypersensitivity and weakness
Strychnos ignatii (Ignatia) spag. Peka	4X	14.0 g	fear, worry
Schoenocaulon officinale (Sabadilla)	4X	19.0 g	anxiety
Piper methysticum spag. Peka	12CH	12.0 g	relaxes, improves the mood

Contains 21% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day.

Use under the direction of a homeopathic practitioner.

For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen. If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

NEU-regen® spag. Peka mental and physical states of exhaustion

SOMCUPIN® spag. Peka disturbed sleep

Size:

50 mL / 1.7 Fl.oz.





RENELIX® spag. Peka

DIN-HM 80038584

Summary of application areas:

Helps relieve symptoms associated with functional weakness of kidneys and kidney stones

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Acidum benzoicum e resina	4X	12.5 g	uric acid diathesis
Acidum nitricum	4X	10.5 g	urinary tract infections
Apis mellifica	4X	9.0 g	edema, inflammation
Berberis vulgaris spag. Peka	3X	14.0 g	uric acid excretion
Colchicum autumnale	12X	10.5 g	gout, kidney excretion
Dactylopius coccus (Coccus cacti) spag. Peka	3X	13.0 g	stimulates kidneys
Solidago virgaurea	2X	20.0 g	renal function, sedimented urine
Capsella bursa pastoris (Thlaspi bursa pastoris) spag. Peka	2X	10.5 g	metabolic insufficiency, kidney stones

Contains 28% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen. If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

OPSONAT® spag. Peka	inflammation of mucosal membranes
MUNDIPUR® spag. Peka	tissue purification

Size:

50 mL / 1.7 Fl.oz.

100 mL / 3.34 Fl.oz.



Summary of application areas:

Helps relieve symptoms associated with acute and chronic rhinitis / sinusitis

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Capsicum annuum	4X	14.0 g	rhinitis
Hydrargyrum sulfuratum rubrum (Cinnabaris)	12X	10.5 g	chronic rhinitis, sinusitis
Kreosotum	6X	8.5 g	irritation of nasal tissues
Luffa operculata	6X	10.5 g	speeds flow of stagnant secretion
Thuja occidentalis	6X	12.5 g	paranasal infections, sense of smell
Echinacea spag. Peka	12X	13.5 g	immune stimulant
Plantago major spag. Peka	6X	14.5 g	protects ear canals, natural antibiotic
Sanicula europaea	6X	16.0 g	paranasal infections

Contains 19% alcohol by volume.

Contains minimal amounts of lactose.

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

- apo-INFEKT® spag. Peka infections
- OPSONAT® spag. Peka inflammation of mucosal membranes

Size:

50 mL / 1.7 Fl.oz.





SEPTONSIL® spag. Peka

DIN-HM 80038582

Summary of application areas:

Helps relieve symptoms associated with a sore throat and tonsil complaints

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Ailanthus altissima	3X	14.0 g	tonsil infections
Atropa belladonna spag. Peka	4X	14.0 g	inflamed throat and tonsils
Barium carbonicum	8X	14.0 g	recurrent sore throat
Lachesis muta	8X	14.0 g	tonsillitis
Phytolacca americana	4X	14.0 g	illnesses of tonsillar ring
Clematis recta	3X	10.0 g	stimulates lymphatic system
Echinacea angustifolia spag. Peka	6X	10.0 g	immune stimulant, bacterial infections
Teucrium scorodonia spag. Peka	12X	10.0 g	chronic lymphatic infections

Contains 32% alcohol by volume.

Contains minimal amounts of lactose.

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

ITIRES® spag. Peka	lymph flow stimulation
apo-INFEKT® spag. Peka	infections
OPSONAT® spag. Peka	inflammation of mucosal membranes

Size:

50 mL / 1.7 Fl.oz.



Summary of application areas:

Helps relieve symptoms associated with disturbed sleep

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Argentum nitricum	4X	11.0 g	treats nervous heart and stomach, mucous membrane inflammation
Natrium tetrachloroauratum (Aurum chloratum natronatum)	6X	11.0 g	promotes good sleep
Coffea arabica	10X	11.0 g	sleeplessness due to coffee, tea...
Delphinium staphisagria (Staphisagria) spag. Peka	4X	11.0 g	halts agitated dreams, inability to sleep after 3:00 am
Lactuca virosa	4X	15.0 g	anti-spastic, calming down
Zincum valerianicum	5X	15.0 g	treats nervous insomnia
Eschscholtzia californica	12X	15.0 g	relaxing, calming down
Avena sativa	2X	11.0 g	supports sleep, treats nervous exhaustion

Contains 26% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day.

Use under the direction of a homeopathic practitioner.

For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen. If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

PSY-stabil® spag. Peka mild anxiety
apo-STRUM® spag. Peka thyroid function

Size:

50 mL / 1.7 Fl.oz.





SPECI-CHOL® spag. Peka

DIN-HM 80038594

Summary of application areas:

Helps relieve symptoms associated with liver and pancreas complaints with flatulence and weak digestion

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Chionanthus virginica	3X	11.5 g	liver and pancreatic disturbances
Eichhornia crassipes	2X	13.5 g	improves pancreatic secretion
Hedera helix spag. Peka	6X	11.5 g	biliary conditions
Iberis amara	3X	11.5 g	pressure, fullness, cramps
Iris versicolor	3X	12.0 g	functional cardiac disturbances
Myristica fragrans (Nux moschata)	4X	11.5 g	gastrocardiac symptoms
Phosphorus	10X	13.5 g	liver & pancreas support
Glechoma hederacea spag. Peka	4X	15.0 g	portal stasis, excretion of toxins

Contains 55% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

AILGENO® spag. Peka	spleen complaints
apo-HEPAT® spag. Peka	liver / gall complaints

Size:

50 mL / 1.7 Fl.oz.



Summary of application areas:

Helps relieve symptoms associated with toxic overload in tissues

Composition: Drops: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Argentum nitricum	4X	10.0 g	natural antibacterial, nervousness
Bryonia cretica spag. Peka	4X	11.0 g	chronic infections
Clematis recta	3X	15.0 g	stimulates lymphatic system
Hydrastis canadensis	4X	15.0 g	chronic inflammation, weakness
Echinacea spag. Peka	12X	14.0 g	mesenchymal stimulant
Galium aparine	6X	16.0 g	urological tract conditions
Glechoma hederacea spag. Peka	6X	16.0 g	detoxifies tissues
Ledum palustre	6X	3.0 g	rheumatism, gout, insect stings

Contains 30% alcohol by volume.

Lactose-free

Dosage:

Unless otherwise prescribed, adults take 15-20 drops, 3 times per day. Use under the direction of a homeopathic practitioner. For pediatric dosages, consult your doctor.

Warning:

Consult a health care practitioner if symptoms persist or worsen.

If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

apo-HEPAT® spag. Peka	strengthening of liver
RENELIX® spag. Peka	strengthening of kidneys
ITIRES® spag. Peka	stimulates lymph flow
DERCUT® spag. Peka	skin diseases
PROALLER® spag. Peka	allergies

Size:

50 mL / 1.7 Fl.oz.





ZELLULISAN[®] spag. Peka ointment

DIN-HM 80037869

Summary of application areas:

Helps relieve symptoms associated with weakness of the connective tissue

Composition: Ointment: 100 g containing:

Ingredients	Potency	g	Homeopathic Therapeutic Profile
Arnica montana spag. Peka	8X	3.5 g	microcirculation
Ledum palustre	3X	3.5 g	uric acid deposits
Toxicodendron quercifolium (Rhus toxicodendron)	8X	4.5 g	stagnation of fluids
Sulfur	15X	3.5 g	connective tissue deposits
Aesculus hippocastanum	4X	5.0 g	venous blockages
Betula pendula e foliis (Betula folium)	8X	5.5 g	excretion, diuretic
Hedera helix spag. Peka	6X	5.0 g	rheumatic conditions
Melilotus officinalis spag. Peka	4X	5.5 g	venous stases
Lactose-free			

Dosage:

Unless otherwise prescribed, adults apply a moderate amount of ointment 2 times per day by rubbing gently into the skin. For external use only.

Warning:

Consult a health care practitioner if symptoms persist or worsen. If you are pregnant or nursing a baby, seek the advice of a health care practitioner before use.

Recommended supplementary treatment:

TOXEX [®] spag. Peka	detoxification
ITIRES [®] spag. Peka	stimulates lymph flow
DERCUT [®] spag. Peka	skin diseases
MUNDIPUR [®] spag. Peka	gout symptoms, clogged tissue

Size:

100 g / 3.5 OZ



PEKANA® Detoxification*

PARACELSUS coined the phrase: "Everything that is outside of us is against us." Today, this saying is more relevant than ever.

At no point in time has the human organism been confronted with such an abundance of substances on a daily basis, as it is today, whether in the form of voluntary intake of nicotine and alcohol or just through exposure to the environment in general. A medical discussion has ensued within this context, linking these factors to the increased number of people suffering from allergic reactions.

Additionally, in a modern diet, important trace elements, vitamins, and mineral substances are frequently in short supply.

The ingested substances are in part stored in the body as depots. The preferred locations for storing such substances are fat-storing cells like the subcutaneous fatty tissue as well as connective tissue structures like joint capsules, muscles and tendons, but also the glial cells.

According to the theories of holistic medicine, this prescribes undergoing a detoxification and purification therapy as a basic measure before initiating other holistic therapy processes. The objective is to prevent chronic processes and to achieve relief and have a positive impact

in the case of existing manifestations of toxic conditions.

Here, holistically oriented naturopathy offers a wealth of treatment options.

A purification therapy should normally be carried out twice yearly (spring and autumn). Due to the long shelf life of PEKANA® remedies, opened packages can be used again at a later date. Further information is available from your pharmacist or therapist.

Note:

Spagyrics - in Germany - is a component of the special therapy approach "Homeopathy" and therefore a treatment method of naturopathic holistic medicine. Any statements quoted here are exclusively based on findings and experiences which have been gained within the therapy approach of Homeopathy and Spagyrics.

* Please see page 16 and 17 for further information about Homeopathy and Spagyrics.



Tips on carrying out a detoxification treatment.

In order to undergo a preferably gentle and yet targeted detoxification treatment based on the principles of holistic medicine, the following tips should be observed:

Preparation:

The gentle start in the purification therapy begins 1 week before the actual detoxification treatment. The time is scheduled during the moon's waxing phase and is therefore ideal for strengthening the main excretory organs, liver and kidneys. A stimulation of these organs should be triggered by the appropriate homeopathic-spagyric remedies.

Start:

The optimal time to start detoxification is when the moon is full. When the therapy begins, the moon's waning phase starts. According to findings in holistic medicine, the functions of the body are ideally configured to release waste during the waning phase of the moon. In this manner, natural physiological body processes are used to promote the success of the therapy.

Procedure:

Drinking sufficient amounts of fluid is essential. What actually are "sufficient amounts of fluid?" The required daily quantity of fluid significantly depends on the body weight of the person and can therefore be best defined according to this measure.

Sufficient intake of liquids is considered to be 30 mL per kilogram body weight. This means that a person weighing 75 kilograms requires an intake of 2.2 litres of liquid per day. Ideally, this liquid should be good quality non-carbonated water.

Post treatment:

In the case of increased over toxicity, the holistic medicine purification therapy process can have a weakening effect. If so, special compounds can be taken to strengthen the spleen and the immune system, thereby significantly improving general well-being.

According to the basic concept surrounding holistic medicine, a simultaneous treatment to optimize therapy should be introduced at the onset of the waxing moon and continued until the 2nd full moon has been reached.

PEKANA® Detoxification*

Date	apo-HEPAT® spag. Peka	RENELIX® spag. Peka	TOXEX® spag. Peka	ITIRES® spag. Peka	Your personal state of being
	20 drops 3 times daily	↑ GOOD → NEUTRAL ↓ BAD			
Waxing moon	•	•			
Day 2	•	•			
Day 3	•	•			
Day 4	•	•			
Day 5	•	•			
Day 6	•	•			
Day 7	•	•			
Full moon	•	•	•	•	
Day 9	•	•	•	•	
Day 10	•	•	•	•	
Day 11	•	•	•	•	
Day 12	•	•	•	•	
Day 13	•	•	•	•	
Day 14	•	•	•	•	
Day 15	•	•	•	•	
Day 16	•	•	•	•	
Day 17	•	•	•	•	
Day 18	•	•	•	•	
Day 19	•	•	•	•	
Day 20	•	•	•	•	
Day 21	•	•	•	•	
Day 22	•	•	•	•	
New moon	•	•	•	•	
Day 24	•	•	•	•	
Day 25	•	•	•	•	
Day 26	•	•	•	•	
Day 27	•	•	•	•	
Day 28	•	•	•	•	
Day 29	•	•	•	•	
Day 30	•	•	•	•	
Day 31	•	•	•	•	
Day 32	•	•	•	•	
Day 33	•	•	•	•	
Day 34	•	•	•	•	
Full moon	•	•	•	•	

* Please see page 16 and 17 for further information about Homeopathy and Spagyrics.



Lunar Calendar

2014

▶ Waxing half moon

08 January
06 February
08 March
07 April
07 May
05 June
05 July
04 August
02 September
01 October
31 October
29 November
28 December

● Full moon

16 January
14 February
16 March
15 April
14 May
13 June
12 July
10 August
09 September
08 October
06 November
06 December
05 January 2015

2015

▶ Waxing half moon

28 December 2014
27 January
25 February
27 March
26 April
25 May
24 June
24 July
22 August
21 September
20 October
19 November
18 December

● Full moon

05 January
04 February
05 March
04 April
04 May
02 June
02 July
31 July
29 August
28 September
27 October
25 November
25 December

2016

▶ Waxing half moon

17 January
15 February
15 March
14 April
13 May
12 June
12 July
10 August
09 September
09 October
07 November
07 December

● Full moon

24 January
22 February
23 March
22 April
21 May
20 June
19 July
18 August
16 September
16 October
14 November
14 December



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Taking health a step further.

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