



# CLEAN AND STRENGTHEN YOUR CARDIOVASCULAR SYSTEM



**THE INGREDIENTS IN THIS SPECIAL FORMULA SUPPORT THE BODY'S CAPACITY TO CLEAN AND STRENGTHEN THE CARDIOVASCULAR SYSTEM.**

The human body has the intrinsic capacity to heal itself, sometimes with the aid of quality nutritional factors.

Kardio Flow<sup>TM</sup> is a multivitamins and minerals complex with specific amino acids and plant extracts. The ingredients in this formula support the body's capacity to clean and strengthen the cardiovascular system.



## MEDICINAL INGREDIENTS.

Each capsule contains:

<b>Coenzyme Q10</b> (natural ubiquinone).....	<b>10 mg</b>
<b>Cayenne</b> ( <i>Capiscum annuum</i> ).....	<b>5 mg</b>
<b>Hawthorn Berry</b> 10:1 Extract.....	<b>20 mg</b>
<i>(Crataegus laevigata)</i>	
<b>Choline</b> (choline bitartrate).....	<b>25 mg</b>
<b>Piperine</b> ( <i>Piper nigrum</i> ).....	<b>4 mg</b>
<b>Liver</b> ( <i>bos taurus</i> ).....	<b>10 mg</b>
<b>Spleen</b> ( <i>bos taurus</i> ).....	<b>10 mg</b>

### VITAMINS:

<b>Vitamin A</b> (palmitate).....	<b>550 mcg RAE</b>
<b>Vitamin B1</b> (thiamine hydrochloride).....	<b>10 mg</b>
<b>Vitamin B2</b> (riboflavin).....	<b>10 mg</b>
<b>Vitamin B3</b> (niacinamide).....	<b>25 mg</b>
<b>Vitamin B5</b> (calcium pantothenate).....	<b>30 mg</b>
<b>Vitamin B6</b> (pyridoxine hydrochloride).....	<b>8 mg</b>
<b>Vitamin B7</b> (biotin).....	<b>50 mcg</b>
<b>Vitamin B9</b> (folate).....	<b>50 mcg</b>
<b>Vitamin B12</b> (methylcobalamin).....	<b>200 mcg</b>
<b>Vitamin C</b> (ascorbic acid).....	<b>150 mg</b>
<b>Vitamin D</b> (cholecalciferol).....	<b>3 mcg</b>
<b>Vitamin E</b> .....	<b>10 mg AT</b>
<i>(D-alpha tocopheryl succinate)</i>	
<b>Inositol</b> .....	<b>25 mg</b>

### MINERALS:

<b>Calcium</b> (calcium carbonate).....	<b>10 mg</b>
<b>Copper</b> (copper sulphate).....	<b>400 mcg</b>
<b>Iodine</b> (potassium iodide).....	<b>20 mcg</b>
<b>Magnesium</b> (magnesium carbonate).....	<b>15 mg</b>
<b>Manganese</b> (manganese sulphate).....	<b>500 mcg</b>
<b>Molybdenum</b> (sodium molybdate VI).....	<b>150 mcg</b>
<b>Potassium</b> (potassium chloride).....	<b>5.2 mg</b>
<b>Selenium</b> (selenomethionine).....	<b>20 mcg</b>
<b>Zinc</b> (zinc sulphate).....	<b>3 mg</b>

### AMINOACIDS:

<b>Glycine</b> .....	<b>25 mg</b>
<b>L-Arginine</b> (mono hydrochloride).....	<b>75 mg</b>
<b>L-Carnitine</b> (L-Carnitine tartrate).....	<b>25 mg</b>
<b>L-Citruline</b> (L-Citruline malate).....	<b>20 mg</b>
<b>L-Cysteine</b> (Cysteine hydrochloride).....	<b>15 mg</b>
<b>L-Lysine</b> (mono hydrochloride).....	<b>75 mg</b>
<b>L-Methionine</b> (DL-Methionine).....	<b>20 mg</b>
<b>L-Proline</b> .....	<b>75 mg</b>
<b>Taurine</b> .....	<b>50 mg</b>

## NON MEDICINAL INGREDIENTS:

Vegetable stearate, potassium nitrate, hypromellose (capsule shell).

## RECOMMENDED DOSE:

Adults, take 1 capsule 3 times per day.

Use for a minimum of 2 months to see beneficial effects.

Does not Contain: Dairy, egg, gluten, soy, wheat, corn, yeast, nuts, artificial sweeteners, colors, preservatives or flavour.

## CAUTIONS:

Take a few hours before or after taking other medications or natural health products. Do not take if you are pregnant or breastfeeding. Consult a health care practitioner if symptoms persist or worsen. Consult a health care practitioner prior to use if you are taking blood pressure medication, cardiac glycosides such as digitalis/digoxin, if you have diabetes, if you have stomach ulcers or inflammation, or if you are following a low protein diet. If you are taking any other medications or natural health products, consult a health care practitioner prior to use, as piperine may alter their effectiveness. Sealed for your protection. Keep sealed, store in a cool, dry place at 15–25°C. **Keep out of reach of children.**

## COMPLEMENTARY PRODUCTS

**Lipid Pro™, Serra-Plus Forte, Metagenix AMPK™**



### PROVITA - A STORY OF LOVE AND HEALING -

Our founder, Dr. Lucian Delcea, started Provita out of necessity. His wife was ill. And when drugs failed her, he began his search for an alternative. Before Provita launched in 2005, he sifted through countless hours of research; counseling with some of the top European naturopaths to produce more progressive support for the body's functions. Dr. Delcea came to understand the body's healing process; how it could naturally overcome disease. All it needed were triggers to properly recognize and absorb nutrients for self repair. Provita is not just a natural health line - it's an understanding of the body's own mechanisms. Dr. Delcea's now healthy wife is testament to that.

**FEEL THE PROVITA DIFFERENCE!**  
**FIND US AT SELECT NATURAL HEALTH STORES**

DELIVERED BY

FUNDING PROVIDED BY



University of  
Applied Sciences  
International  
Institute of  
Health Sciences

CANADIAN  
AGRICULTURAL  
PARTNERSHIP



Canada