



BLACK CUMIN (SEED)

COLD PRESSED OIL

- RICH IN EFA (ESSENTIAL FATTY ACIDS)
- ANTIOXIDANT AND DIGESTION AID



OIL FROM THE SEEDS OF NIGELLA SATIVA (BLACK CUMIN) IS RICH IN LINOLEIC ACID (LA), A DOUBLE UNSATURATED ESSENTIAL FATTY ACID (EFA) WITH MANY BENEFITS THROUGHOUT THE HUMAN BODY.

Nigella Black Cumin oil softgels are filled with cold pressed cumin seed oil in a base of natural glycerin, gelatin and mixed tocopherols. Black cumin seed oil can be beneficial for liver, lungs, stomach, intestines, skin (acne when used topically) and allergies, and should be taken daily by all adults.



MEDICINAL INGREDIENTS. Each softgel contains:

Black Cumin Seed Oil500 mg
Nigella sativa cold pressed seed oil

NON MEDICINAL INGREDIENTS:

Glycerin, gelatin, mixed tocopherols.

RECOMMENDED DOSE:

Adults take 2 softgels 2 times per day.

Does not Contain: dairy, egg, gluten, soy, wheat, corn, yeast, nuts, artificial sweeteners, colors, preservatives or flavors.

CAUTIONS:

Consult a health care practitioner before use if you are breast feeding. Do not take if you are trying to conceive. Consult a health care practitioner if you have an immune system disorder. Discontinue use if you experience gastrointestinal upset. Do not use if seal is broken.

Keep out of reach of children.
Keep sealed, store in a cool, dry place at 15–25°C.

DID YOU KNOW?

Black cumin oil was used medicinally in Russia as far back as over 3,000 years ago. It was also used in ancient Rome where it was also known as “Roman Coriander”.



PROVITA - A STORY OF LOVE AND HEALING -

Our founder, Dr. Lucian Delcea, started Provita out of necessity. His wife was ill. And when drugs failed her, he began his search for an alternative. Before Provita launched in 2005, he sifted through countless hours of research; counseling with some of the top European naturopaths to produce more progressive support for the body’s functions. Dr. Delcea came to understand the body’s healing process; how it could naturally overcome disease. All it needed were triggers to properly recognize and absorb nutrients for self repair. Provita is not just a natural health line - it’s an understanding of the body’s own mechanisms. Dr. Delcea’s now healthy wife is testament to that.

COMPLEMENTARY PRODUCTS

Liver Hepato-Protect, Modimmune™

FEEL THE PROVITA DIFFERENCE!
FIND US AT SELECT NATURAL HEALTH STORES