



FOR RELAXATION & SLEEP ENHANCES FOCUS AND "MENTAL FLOW"



SYNERGISTIC GABA PRO COMBINES GABA WITH THE NEUROTRANSMITTER GLUTAMIC ACID AND P-5-P (THE NATURAL AND BIOLOGICALLY ACTIVE FORM OF VITAMIN B6) FOR ENHANCED CALM AND RELAXATION.

GABA functions as a "brake" on our neural circuits during stress, relaxes the muscles, slows the heart rate and breathing, and reduces anxiety, tension, and insomnia. Low levels and decreased GABA function in the brain are associated with anxiety, depression, insomnia, and epilepsy.













MEDICINAL INGREDIENTS. Each capsule contains:

| GABA (gamma-aminobutyric acid) | 500 mg |
|------------------------------------|---------|
| L-Glutamic Acid | .100 mg |
| Vitamin B6 (pyridoxal-5-phosphate) | 15 mg |

NON MEDICINAL INGREDIENTS:

Microcrystalline cellulose, vegetable stearate, gelatin.

RECOMMENDED DOSE:

Adults take 1 capsule 2 times per day.

Does not Contain: Dairy, egg, gluten, soy, wheat, corn, yeast, nuts, artificial sweeteners, preservatives, colors or flavors.

CAUTIONS:

Consult a health care practitioner prior to use if you are pregnant or breastfeeding or if symptoms persist or worsen. Do not use with alcohol. Consult a healthcare practitioner for use beyond 4 weeks. Sealed for your protection. Keep sealed, store in a cool, dry place at 15–25°C. Keep out of reach of children.

DID YOU KNOW?

GABA is also said to increase the level of alpha waves in the brain which can put you in a state of enhanced focus and "mental flow".



PROVITA - A STORY OF LOVE AND HEALING -

Our founder, Dr. Lucian Delcea, started Provita out of necessity. His wife was ill. And when drugs failed her, he began his search for an alternative. Before Provita launched in 2005, he sifted through countless hours of research; counseling with some of the top European naturopaths to produce more progressive support for the body's functions. Dr. Delcea came to

understand the body's healing process; how it could naturally overcome disease. All it needed were triggers to properly recognize and absorb nutrients for self repair. Provita is not just a natural health line - it's an understanding of the body's own mechanisms. Dr. Delcea's now healthy wife is testament to that.

COMPLEMENTARY PRODUCTS

5-HTP, Neuro Max™, Ashwagandha, NADH⁺

FEEL THE PROVITA DIFFERENCE! FIND US AT SELECT NATURAL HEALTH STORES

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