



# YOUR NATURAL PMS NORMALIZER AND SYMPTOM RELIEVER



**CHASTE TREE (OR CHASTE BERRY) IS NATIVE OF THE MEDITERRANEAN REGION, AND IS TRADITIONALLY USED TO CORRECT HORMONE IMBALANCES IN WOMEN AND MEN.**

Ethanol extract of *Vitex agnus-castus* helps to relieve premenstrual symptoms, balance hormones, stabilize menstrual cycle irregularities and relieve symptoms associated with menopause, such as hot flushes. It also contains constituents which inhibit prolactin release.



## MEDICINAL INGREDIENTS. Each capsule contains:

Chasteberry (*Vitex agnus-castus*) 5:1 Extract. . . . . 200 mg  
1,000 mg QCE (Quantity Crude Equivalent)

## NON MEDICINAL INGREDIENTS:

Microcrystalline cellulose, vegetable stearate, gelatin.

## RECOMMENDED DOSE:

Adults take 1 capsule 1 to 2 times per day.

Does not Contain: Dairy, egg, gluten, soy, wheat, corn, yeast, nuts, artificial sweeteners, colors, preservatives, or flavors.

## CAUTIONS:

Consult a health care practitioner if symptoms persist or worsen or if you are taking hormone-containing medications such as progesterone preparations, oral contraceptives or hormone replacement therapy. Sealed for your protection. Keep sealed, store in a cool, dry place at 15–25°C. **Keep out of reach of children.**

### DID YOU KNOW?

Prolactin provides the body with sexual gratification after sexual acts: the hormone counteracts the effect of dopamine, which is linked to sexual arousal.



### PROVITA - A STORY OF LOVE AND HEALING -

Our founder, Dr. Lucian Delcea, started Provita out of necessity. His wife was ill. And when drugs failed her, he began his search for an alternative. Before Provita launched in 2005, he sifted through countless hours of research; counseling with some of the top European naturopaths to produce more progressive support for the body's functions. Dr. Delcea came to understand the body's healing process; how it could naturally overcome disease. All it needed were triggers to properly recognize and absorb nutrients for self repair. Provita is not just a natural health line - it's an understanding of the body's own mechanisms. Dr. Delcea's now healthy wife is testament to that.

## COMPLEMENTARY PRODUCTS

**Synergistic Indole-3-Carbinol, EPO-1000**

**FEEL THE PROVITA DIFFERENCE!**  
**FIND US AT SELECT NATURAL HEALTH STORES**

DELIVERED BY



Manufactured  
At: **1000 W. 10th St.**  
Grand Forks, ND  
58005-1000

FUNDING PROVIDED BY

