## IMPROVE YOUR ABILITY TO THINK

## LEARN AND REMEMBER

THE LEVEL OF PHOSPHATIDYLSERINE IN THE BRAIN DECREASES WITH AGE. SUPPLEMENTING WITH PHOSPHATIDYLSERINE MAY IMPROVE SHORT-TERM MEMORY, MOOD, AND CONCENTRATION.

PS (Phosphatidylserine), a phospholipid that covers and protects the cells in the brain and carries messages between them. It plays an important role in keeping the mind and memory sharp. ALC (Acetyl-L-Carnitine) supports cognitive function. The combination of PS and ALC creates a more potent and efficient solution for maintaining the cognitive function.

Phosphatidylserine (PS) * ..... 100 mg* non-GMO source
Acetyl-L-carnitine (ALC) ..... 100 mg

## NON MEDICINAL INGREDIENTS:

Microcrystalline cellulose, ascorbyl palmitate, hypromellose (capsule shell).

## RECOMMENDED DOSE:

Adults take 1 capsules 3 times per day.

Does not Contain: Dairy, egg, gluten, wheat, corn, yeast, nuts, artificial sweeteners, artificial flavours or colours.

## CAUTIONS:

Keep out of reach of children. Sealed for your protection. Keep sealed, store in a cool, dry place at $15-25^{\circ} \mathrm{C}$. Keep out of reach of children.

## DID YOU KNOW?

PS is also a nootropic that benefits cognition and memory and helps with mental stress.

## PROVITA - A STORY OF LOVE AND HEALING -

Our founder, Dr. Lucian Delcea, started Provita out of necessity. His wife was ill. And when drugs failed her, he began his search for an alternative. Before Provita launched in 2005, he sifted through countless hours of research; counseling with some of the top European naturopaths to produce more progressive support for the body's functions. Dr. Delcea came to understand the body's healing process; how it could naturally overcome disease. All it needed were triggers to properly recognize and absorb nutrients for self repair.
Provita is not just a natural health line - it's an understanding of the body's own mechanisms. Dr. Delcea's now healthy wife is testament to that.

COMPLEMENTARY PRODUCTS

## $\mathrm{NADH}^{+}$, Activine $^{\text {TM }}$

